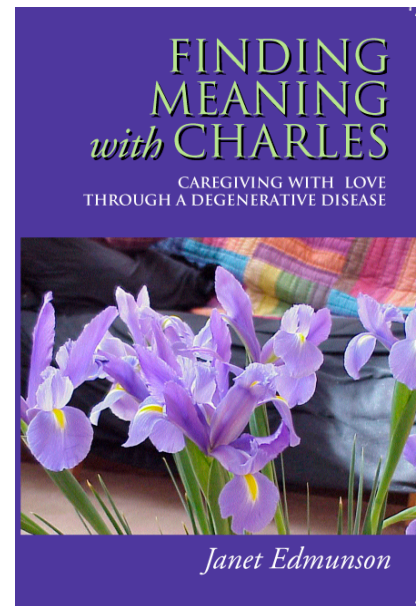


## Radio Interview Questions

### *Finding Meaning With Charles: Caregiving With Love Through A Degenerative Disease*

By Janet Edmunson, M.Ed.

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<http://www.janetedmunson.com>  
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Q: Who is Charles? What was so special about him?

Q: What disease did Charles have? When did he get it? What was its progression? How common is it?

Q: You called your book *Finding Meaning with Charles*. What is “meaning” and how did you find meaning through such a tragic situation?

Q: You have numerous “caregiving affirmations” in your book. What are your caregiving affirmations and how could they help your readers?

Q: How did you remain positive and upbeat throughout this experience?

Q: You talk in your book about the different ways you and Charles handled this disease. Can you describe that for us and how you were able to make your differences work?

Q: How were you and Charles able to find a way to include humor in coping with your situation?

Q: What was your biggest challenge?

Q: You and Charles traveled abroad during his illness. How did you handle the trip?

Q: How did you get the most out of Charles’ doctor visits? Do you have any tips for our listeners?

Q: Tell us about your Hospice experience. At what point did you realize you needed Hospice and how did you go about getting it? What did Hospice do for you?

Q: How did you take care of **you** during your caregiving experience?

Q: How did you balance working full time and caring for Charles?

Q: What’s your best advice for someone just starting the caregiving experience?

Q: How can our listeners get your book? How could support groups contact you to speak to their participants?