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FREE WEBINAR
Reducing the Impact of Negative People—for Caregivers

Join us for a FREE Webinar on July 31

Free Webinar
Reducing the Impact of Negative People—for Caregivers

by Janet Edmunson, M.Ed.

Tuesday, July 31, 2012

For family and professional caregivers

Register Online Today by clicking the link below.
Or paste the link into your browser.

Webinar will be 30 minutes in length.

**All attendees will be entered into a drawing for Janet's book
*Finding Meaning with Charles***

7:00 p.m. (Eastern)
6:00 p.m. (Central)
5:00 p.m. (Mountain)
4:00 p.m. (Pacific)

Registration Link: <https://www2.gotomeeting.com/register/909548666>

Webinar Description: Negative people can really pull you down, especially when you are already handling the difficulties associated with caregiving. While it is not always possible to eliminate negative people from our lives, especially if they are family members, Janet will share some ways to look at how to handle these negative people to minimize their impact on you. (To view Janet's other webinars on positivity for caregivers, go to www.affirmyourself.com and click on the "products" page.)

About Janet: Janet has over 30 years' experience in the health promotion field. She retired in May 2007 as Director of the Prevention & Wellness for a staff of 20 at Blue Cross Blue Shield

of Massachusetts. Since retirement, as President of JME Insights, she is a national inspirational speaker having spoken to over 200 groups. While working full-time, Janet took care of her husband, Charles, during the five years he fought a movement disorder with dementia. Janet wrote about her experience in her book, *Finding Meaning with Charles*. Janet is currently the Chair of the Board of Directors for the Foundation for PSP, CBD and Related Brain Diseases and has a Master's degree from Georgia State University. She resides in South Portland, Maine.

Webinar Format: You may participate in one of two ways:

1. The ***first*** viewing method is via access through the internet. You can view the presentation on your computer and listen via your computer speakers or USB headset connected to your computer.
2. The ***second*** option would use the internet and a telephone connection, or just the telephone. **Please note: If you use this second option, you may need to pay applicable phone charges from your telephone carrier.**

Once you register, you will receive an **email from Transformation Consortium** confirming your registration with information you need to join the webinar.

Space is limited and registrations are taken on a first come first serve basis.

For Additional Information: You can contact Janet at janet@janetedmunson.com with any questions you have about participating.